

# HOW TO HOST A CAPE DECORATING PARTY

Host a cape decorating party with a superhero theme. Gather together family and friends or host an event in a public venue.

- Purchase capes for decorating. A great sources for inexpensive capes is: <http://bit.ly/LRGCAPES>
- Purchase masks for decorating. Inexpensive masks can be found here: <http://bit.ly/LRGMASKS>
- Gather together fun things to decorate with: Fabric markers, glitter, glue, feathers, regular markers or crayons for the masks. Let your imagination run wild!
- Personalize your cape:
  - What makes you a hero? Write the words or draw an image.
  - Describe your GIST journey.
  - Draw Tommy Tissue or Dina Data. (See our How-To in the H.E.R.O. Download Center)
  - Have fun with it! Draw anything that makes you happy!
  - Make a cape for someone else. Who is your hero? Personalize a cape for them with their name and what makes them special.

## What can you do with these amazing capes now that they are finished?

- Ask if you can do an exhibit in a public place for GIST Awareness Day. Medical Institutions, Libraries, Schools, Museums, County Fairs, all are good venues to call attention to the need for more tissue, data and funding for cancer research.
- Take photos and post on social media with a message about GIST and about our H.E.R.O. campaign,
- Give a cape to a member of your medical team that you consider a “superhero.” Take a photo of him/her wearing it. Send it to the LRG and we’ll post it on our website.
- Are you a brave “patient-powered H.E.R.O.?” Wear your cape to your next doctor’s appointment or medical test. It will be a conversation starter that will call attention to the need for tissue, data and funding for cancer research. Take copies of our flyers with you. [www.hero4cancer.org](http://www.hero4cancer.org)
- Take a photo of you in your cape. Pitch a story to your local newspaper about the campaign.