



GIST DO IT.
WALK TO FIND A CURE

GIST AWARENESS DAY

**HELP US BRING AWARENESS AND EDUCATION ABOUT GIST TO THE WORLD
BY CELEBRATING GIST AWARENESS DAY ON JULY 13TH!**

This year, we will be continuing our GIST Awareness Day theme of "GIST DO IT." Here are some suggestions as to how you can join in the fun:

- Organize a GIST DO IT Walk fundraiser. We will be happy to help you!
- Hold a GIST Awareness Day event at a local medical center, advocacy organization or school. Need materials? Contact Mary Garland: mgarland@liferaftgroup.org
- Take action. GIST DO IT by joining the patient registry (liferaftgroup.org/patient-registry), donating tissue to our GIST Collaborative Tissue Bank (liferaftgroup.org/tissue-bank), or joining SideEQ at www.mysideeq.org. You will be contributing to #GISTresearch.
- Distribute information about GIST to local doctors.
- Share your story. Offer to speak at local cancer centers or events. Send your story to your local newspaper. Make a short video (no more than two minutes) where you talk about what having GIST has meant in your life. We may use those as part of our awareness campaign on social media.
- Be an advocate. Host a letter writing party to encourage your local and national legislators about the importance of supporting funding for cancer research
- Run a fun event. Have a sundae making party to solicit donations. Make posters that say GIST DO IT. Rally the kids to help.
- Create a fundraiser on social media.
- Show the world how resilient GIST patients really are. Hold an event that illustrates the theme of GIST DO IT that showcases your creative side. Hold a dance marathon, poetry slam, open mic, salsa contest, art exhibit and also let people know about GIST.
- Take photos at your patient gatherings. Create a collage called "The Many Faces of GIST."

No matter what you do, have fun! Send us photos for social media. **GIST DO IT!**

Want to learn more about GIST Awareness Day?
liferaftgroup.org/about-gist-awareness-day/